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Nocturnal enuresis in children with upper airway obstruction.

Weider DJ, Sateia MJ, West RP.

Department of Surgery, Dartmouth-Hitchcock Medical Center, Hanover, NH 03756.

This study presents the results of our experience with 115 children between the ages of 3 and 19 years who have had symptoms of upper airway obstruction and nocturnal enuresis. Twelve children had secondary enuresis, and 103 children had primary enuresis. Surgical removal of upper airway obstruction led to a significant decrease in or complete cure of nocturnal enuresis in 87 (76%) of the children studied. Eleven children were also studied with polysomnographic tracings in an attempt to determine a relationship between their sleep patterns and nocturnal enuresis.

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